



Spring & Summer 2016 ONGOING Dance Classes In NYC

BodyMind Dancing™ & Moving for Life®

Taught by Martha Eddy & Faculty

Mondays 6-7:15pm @ Movement Research at Eden's Expressway thru June 2nd (BMD)

Tuesdays 7-8pm @ Pono Learning Center: 4/19, 5/17, 6/21, & 7/19 (BMD)

Wednesdays 12-1pm @ JCC Manhattan (MFL)

Thursdays 9-10am @ Brooklyn Arts Exchange (BMD/MFL)

Thursdays 2-3:15pm @ 92St. Y, April 21st to May 26th (no class April 28th) (BMD)

Thursdays 7-8pm @ Open Center: April 14th & 21st (MFL)

Fridays 4-5pm @ Balance Arts Center: April 8th – May 27th (BMD)

Saturdays 12-1pm on SKYPE: April 16th, 23rd, 30th (BMD)

Saturday 11- 12pm @ Pono Learning Center: May 22nd (BMD)

WORKSHOPS Spring/Summer 2016

BodyMind Dancing™ & Moving For Life®

Taught by Dr. Martha Eddy

BMD Teacher Certification Training and Weeklong Intensive @ the University of North Carolina Greensboro: June 12th- 9th

Course on Developmental Movement @ the Korean ADTA Conference: June 23rd- 25th

Moving for Life ® in Japan: June 27th- July 2nd

Presenting @ the Bill Evans Teacher Institute (BETI): The Application of Body-Mind Centering to the Teaching of Dance
Hobart and William Smith Colleges: July 10th-15th

Dynamic Embodiment™ | BodyMind Dancing™ | Moving for Life ®
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<http://www.DynamicEmbodiment.org> | <http://www.MovingForLife.org>

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Contact atmovingforlife@gmail.com to learn more about MFL