



Fall 2016 ONGOING Dance Classes In NYC

NYC AREA DROP-IN CLASSES

BodyMind Dancing™

Taught by Martha Eddy & Faculty*

Monday 6:15-7:30pm @ [Movement Research](#) at Eden's Expressway
(9/12 - 2/27)

Tuesday (last 2 Tuesdays of each month) 6-7pm @ [Balance Arts Center](#)
OR via Skype**
(10/18, 10/25, 11/22, 11/29)

Thursday 2-3pm @ [92Y](#)
(9/22 - 1/19)

Thursday x1a month 6:45-7:45pm @ [Pono Learning Center](#) OR via
Skype**
(10/20, 11/10, 12/8)

Friday Special 6-7pm @ [Balance Arts Center](#) OR via Skype**
(11/18, 12/2)

Moving for Life

Taught by Martha Eddy & Faculty*

Monday 2-3pm @ [92Y](#) (9/19- 12/19)

Wednesday 12- 1pm @ [JCC Manhattan](#) (9/7 - TBA)

See movingforlife.com for a full list of classes and lectures with diverse faculty

*See online calendar for weekly teachers as well as for cancelled classes.

** To join Skype classes email: bodyminddancingoffice@gmail.com 36 hours in advance of the class

Dynamic Embodiment™ | BodyMind Dancing™ | Moving for Life ®
509 W 121st Street NY, NY 10027 | 212.864.5188

<http://www.DynamicEmbodiment.org> | <http://www.MovingForLife.org>

Contact bodyminddancingoffice@gmail.com to learn more about BMD and Dynamic Embodiment™

Contact atmovingforlife@gmail.com to learn more about MFL

**WORKSHOPS and
LECTURES***
2016

**For most current updates
always check
dynamicembodiment.org
google calendar and
www.drmarthaeddy.com
for the most recent list of
book talks*

2016

October 7-9 2016 Lectures at the National Dance Education Organization (NDEO) Conference:

Using Socio- Culturally Sensitive Somatic Practices and Research to Advocate Dancing for All (Friday: 10/7 11:30-12:30pm)

The Troubled March for Legitimacy: Critical Perspectives and Migrating Movements in Dance Advocacy (10/9 2:30-3:30pm)

Visit with Martha at her Mindful Movement book signing table: (Friday after lunch, all day Saturday/until book sells out)

Email: OfficeofMarthaEddy@gmail.com to reserve a book

Washington, DC, Hyatt Regency Crystal City

October 14 – 16, 2016 Berlin BodyIQ Festival

10/14 Eyes Open Minds Presentation

10/16 Embody Peace Presentation

Contact Martha (drmarthaeddy@gmail.com) if you are interested in private sessions

October 21, 2016 Healing Arts Coalition Presentation: Moving for Life
1pm at Montclair Art Museum, NJ

October 28, 2016 Dance Performance: *Dance – A Healing Force* (with dancers from Moving for Life)

7-9pm at Iona College

November 17, 2016 Mindful Movement book talk

Laban Institute, NYC

November 2016 Private lecture for Dance for Parkinson's Faculty
Get a taste for this work here from last year's professional audio lecture

December 3-4 2016 Body-Mind Centering ® Festival

(contact: *Toni Smith*)

Albany, NY

December 6, 2017 Webinar book talk on Mindful Movement with Columbia University

December 8- 9, 2016 Human Dignity and Humiliation Studies Conference

Columbia University, Teacher's College

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**WORKSHOPS and
LECTURES***
**January – June
2017**

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book talks*

2017

January 2017 Martha will be in New Zealand and possibly Australia, be in touch if you would like to make contact about book talks or lectures:
drmarthaeddy@gmail.com

January 23 – January 31, 2017 San Francisco Bay Area

Jan 25-29 Workshop: *Developmental Movement and Integration*

Martha will also be available for book talks, lectures and private sessions, contact drmarthaeddy@gmail.com
Moving On Center, San Francisco, Bay Area

Feb 1 – February 4, 2017 Vancouver, Canada

Martha will be in Vancouver offering private sessions and introductory and advanced somatic workshops as well as book signing.

February 5, 2017 Empire State College Residency
Albany NY

March 20 – 25, 2017 ARIZONA

March 20 – 24, 2017 Arizona State University Residency

Saturday March 25, 2017 Somatic Dancing Introductory Pedagogy Workshops: Day one of Moving for Life Certified Instructor (MFLCI) and Certified Teacher of BodyMind Dancing™ (CTBMD) Training

March 26, 2017 2-5pm *Healthy Movement, Healthy Mind*
2-3 Book Talk on *Mindful Movement*
3- 3:45 Bartenieff Fundamentals
3:45- 4:30 Somatic Applications to Fitness and the Arts
JCC, Manhattan: 334 Amsterdam Ave at 76th St.

April – May 2017

New York City area

Martha will be available for residencies and book talks, email:
drmarthaeddy@gmail.com

June 3- 14, 2017 Montclair State University
(*Martha teaches in low-residency MFA program at MSU*)

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**WORKSHOPS and
LECTURES***
**June - August
2017**

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book talks*

June 15 – 22, 2017 BodyMind Dancing™ & Moving for Life Pre-requisite Coursework:
Summer Somatics: Laban Movement Analysis & BMC Embodied Physiology
Ask about BMD teacher training workshop
University of North Carolina Greensboro

June 23, 2017 Keynote Speech at Creative Arts Therapy Conference
Embodied Observation: Using Dynamic Embodiment in Assessment and Interventions
Munich, Germany

June 24, 2017 Global Water Dances
This event takes place at 200 sites around the world. In 2017, Martha will be joining from Munich, Germany

July 6, 2017 Book talk for *Mindful Movement* to launch to C-DARE Conference
6pm at Coventry University, England

July 7-9, 2017 Dance and Somatic Practices Conference put on by the Center for Dance Research (C-DARE)
Coventry University, England

July 8-9, 2017 BMC Developmental Movement Workshop
Montclair State University, NJ – taught by Dana Davison

July 10-15, 2017 BodyMind Dancing™ and Moving for Life pedagogy
Residential program open to students from the USA and around the world
Montclair State University, NJ

July 24 – 28, 2017 at Omega
Omega Institute, Rhinebeck, NY

July 28 – 30, 2017 Body-Mind Centering® Conference
Texas State University

Early August 2017 Martha will be in Dallas, TX
Contact: drmarthaeddy@gmail.com to set up book talks, lectures and private sessions

End of August 2017 Somatic Dance Intensive at The Yard
Chilmark, Massachusetts on Martha's Vineyard

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**Certifications
2016/2017/2018**

Certifications

**BodyMind Dancing™ and Moving for Life
Teacher Certification Trainings**

THREE-PART TRAINING

1. Pre-Requisite Coursework (40 – 50 hours)
2. Classes (20-30 hours required, see schedule listed above)
3. Somatic Dance Pedagogy Intensives (24 - 36 hours)

Pre-Requisite* Coursework: 4 sections

**In addition to the pre-requisite course options listed below, some pre-requisite work can be obtained at the Laban Institute of Movement Studies in Brooklyn, and with Dana Davison through visiting somaticanatomy.com. Pre-requisite coursework obtained from other teachers and locations must be approved by Martha Eddy.*

1. Laban Movement Analysis

NYC Area:

Check Google calendar on dynamicembodiment.com for workshops

Outside NYC:

Japan

November 24-28, 2016 in Southern Japan: CMA & MFLCI Ryoko Sugimoto and Yuki Hashimoto (contact Ryoko Sugimoto: idiotryoko2@yahoo.co.jp and Yuko Hashimoto at yhash1@u.brockport.edu)

Italy

November 26-27 in Florence, Italy: Lorella Rapisarda and other RSME-Ts who are CMAs, Licensed Teachers of BMC and/or Dynamic Embodiment Practitioners around the world (email associazione.thymos@gmail.com for more info)

North Carolina

June 17- 22, 2017 @ University of North Carolina Greensboro: *Summer Somatics* course with Martha Eddy

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2. Bartenieff Fundamentals

NYC Area:

March 26th, 2017: *Healthy Movement, Healthy Mind* (3 hour workshop at JCC Manhattan with Martha Eddy)

Check Google calendar on dynamicembodiment.com for workshops or limsonline.org for additional NY area workshops

Outside NYC:

June 2018 @ University of North Carolina Greensboro: *Summer Somatics* course with Martha Eddy

3. Embodied Physiology – A Body-Mind Centering® Approach

NYC Area:

10/14-10/16 12-5pm at Brooklyn Arts Exchange with Dana Davison (for more info: <http://www.somaticanatomy.com>)

Outside NYC:

June 15- 22, 2017 @ University of North Carolina Greensboro: *Summer Somatics* course with Martha Eddy

4. Developmental Movement - A Body-Mind Centering® Approach

NYC Area: Check Google calendar on dynamicembodiment.com for workshops

Outside NYC:

July 8-9, 2016 at Montclair State University

June 2018 @ University of North Carolina Greensboro: *Summer Somatics* course with Martha Eddy

Certifications 2016/2017/2018

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Certifications 2016/2017/2018

Dynamic Embodiment™ Somatic Movement Therapist and/or Somatic Movement Educator Certification Training

Somatic Dance Pedagogy Intensives – (MFL & BMD)

Arizona

Saturday March 25, 2017 Somatic Dancing Introductory Pedagogy Workshops: Day one of Moving for Life Certified Instructor (MFLCI) and Certified Teacher of BodyMind Dancing™ (CTBMD) Training
Faculty mentorship available in Kansas, Oklahoma and Texas

North Carolina

June 16-22 at UNCG

Pedagogy workshop intensive for BMD June 16 = 6 hours of somatic dance pedagogy each evening 6 - 10 hours of BodyMind Dancing classes.

New Jersey

July 10-15 at Montclair State University

4 - 6 day options for students who meet the pre-requisites to certify in Moving For Life and/or BodyMind Dancing™ faculty training programs.

Possible workshops in Austin or Tyler, Texas before or after July 25 - 30

Dynamic Embodiment™ Somatic Movement Therapist/Educator Certification Training Advanced Training for Somatic Studies Students

This is a training that invites avid students and current practitioners with at least 300 hours of prior study with RSMTs and RSMEs in somatic movement, bodywork or psychology. This study must include LMA, BF, & BMC. Any other somatic coursework offered by a RSMT/E may be submitted for possible credit. Many of Martha's workshops and lectures can be counted as hours towards DE certification.

Final DE Pedagogy work will be completed in workshops offered in Germany starting in 2018, more info to come.

Contact: officeofmarthaeddy@gmail.com to inquire about eligibility for DE training and for ways to meet necessary pre-requisite coursework before the training kicks off summer 2018.

This program is ISMETA approved.

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