

*Thursday morning somatic movement classes, including some Moving for Life and BodyMind Dancing sequences. Jan. 26th-Mar. 30th, 9-10:15am (Drop-in/By donation!)*

## **Feb./Mar. 2017 Weekend Workshops in Dynamic Embodiment**

Learn about Martha Eddy's system of somatic movement therapy and education, and how it applies to her somatic dance classes, Moving for Life and BodyMind Dancing. Try it out for yourself, share with students, and find out if you or someone you know might like to become an instructor. All workshops count for credit toward certification.

**Fri.-Sun. 2/10-12, 1-5pm: Developmental Movement** (w/Dana Davison & Mandy Chan)

**Fri.-Sun. 2/17-19, 1-5pm: Laban Movement Analysis** (w/Dana & guest faculty)

**Fri.-Sun. 2/24-26, 1-5pm: Bartenieff Fundamentals** (w/Dana & Ana Leon Bella)

**Fri.-Sat. 3/3-4, 1-5pm; Sun. 3/5, 3-7pm: Body Systems/Embodied Physiology**  
(w/Dana & Lissa Michalak)

Classes are held at BAX – Brooklyn Arts Exchange (421 5th Ave. at 8th St. 11215)  
*Fee: \$300 per.* Register at <http://movingforlife.org/register-for-a-la-carte-workshops.htm>

**Next pedagogy intensives coming up at Montclair State University (20-minute bus ride from NYC): Developmental Movement, July 8-9; BodyMind Dancing, July 10-13; Moving for Life, July 12-15. Stay tuned for more details coming soon!**

