

# Dynamic Embodiment – Somatic Movement Education & Therapy Program

founded by Dr. Martha Eddy - Dynamic Embodiment Practitioner

DEP, MFLCI, CTBMD, CMA, RSMT, Ed.D., Licensed Teacher of Body-Mind Centering®



## APPLICATION PROCESS

### Dynamic Embodiment – Somatic Movement Education & Therapy Certification (DE-SMTT)

2019 – 2020 Program

#### 1. Letter of Intent & Application Form

Submit a short letter of intent (3 paragraphs is sufficient) address ing your desire to become a Dynamic Embodiment Practitioner and/or ISMETA Registered Somatic Movement Educator &/or Therapist, application, and TRANSCRIPT to join the DE-SMTT program.

#### 2. Application Process

Discounts apply for applications and deposits received by August 20, 2019.

It is strongly recommended that all applicants review the DE-SMTT descriptive materials before you write your letter of intent.

Read DE-SMTT downloadable attachments at: [www.WellnessCKE.net](http://www.WellnessCKE.net) and [www.DynamicEmbodiment.org](http://www.DynamicEmbodiment.org).

NEEDED IMMEDIATELY:

- A. Letter of Intent – Please write a letter of intention to study DE-SMTT stating why you are interested in participating in this training. Briefly describe what somatic forms, healing practices and dance or exercise/fitness systems you have studied in the past to prepare you to study DE-SMTT. Include your career goals and areas of specific interest. Also include any past experience with movement limitations, chronic illness or injury and if you have any experience working with people therapeutically one-on-one or leading groups. Please note your past experience with distance learning and how you feel about using Skype, instant messaging, email and other electronic means of communication and/ or distance learning methods. You may also include any questions you have for the trainers or any additional relevant information that you would like to share.

Dynamic Embodiment – Somatic Movement Therapy Training

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<http://DynamicEmbodiment.org> | 212- 864-5188 | [officeofmarthaeddy@gmail.com](mailto:officeofmarthaeddy@gmail.com)

- B. Pre-Requisite Training Information – Please provide a transcript or a scan of your certificates to account for your prior 300 hours of study (see attached transcript for distribution.)

If you have studied the Pre-Requisite courses through Martha Eddy, Dana Davison or in Moving On Center’s Participatory Arts curriculum, you still need to indicate how many hours you studied and in what year, which teacher and city. (See above requests for information about Prior Studies and the DE-Transcript template). Also indicate partial studies. We provide a Word doc chart that you can enter your information on. If you studied with Martha Eddy or other Moving On Center faculty members, also list the following Pre-Requisite details:

- Course Titles
- Course Dates
- Name of Teachers or Mentors
- Number of Hours Studying Each Subject

### 3. **Timing of the Application**

Application to the DE-SMTT is best communicated by August 15 2019 in order to begin to get advising specific to the DE-SMTT with a faculty member. All students are asked to begin planning for their study with Martha Eddy or Dana Davison as soon as you have matriculated or for certain by the week of August 20, 2019.

**Applications Due: August 20, 2019** Applications may be submitted immediately. There is rolling enrollment until the first day of the training on September 10th. If qualified, you will receive a letter of acceptance with a tuition contract. A maximum of 9 new students will be accepted this year. Please fill out this application form (include your letter of intent, CV, or resume) and return to: [officeofmarthaeddy@gmail.com](mailto:officeofmarthaeddy@gmail.com)

### 4. **Acceptance/Enrollment/DE-SMTT Tuition Deposit**

Martha Eddy holds the right to accept only those students with whom she has had direct phone, online interview, or in-person contact with and who have satisfactorily confirmed the appropriateness of the training at this time. You will receive notification of your status shortly after the receipt of your application. Upon completion of all Pre-Requisite coursework (or approval of your plans for completion) and acceptance to the DE-SMTT, a deposit – payable to Martha Eddy – is required to activate your participation in the SMTT program. You may pay by PayPal to [drmarthaeddy@gmail.com](mailto:drmarthaeddy@gmail.com) or using the link under Certifications at [www.DynamicEmbodiment.org](http://www.DynamicEmbodiment.org).

Tuition for DE-SMTT for one year is \$3600. Some people will require two years at \$7200. For Discounts/Early Booking see mini-catalogue attached (there is also a quick chart below).

Feel free to inquire about work-exchange options (WEX). There are a few available but they go quickly (see below).

## 5. **DE-SMTT Education**

Please read the mini-catalogue. The Orientation describes classes, course work, explanation of each of the assignments, and preparation for how to go about completing the independent study requirements.

## 6. **Housing**

Housing costs are not included in the tuition. If you need help getting started with your search for housing for any of the intensives, please let us know.

## 7. **Work Exchange**

There is currently a fair amount of tuition reduction for work exchange. Administrative help can go a long way towards tuition! Some work exchange is usually available before and after the training periods. Only small work exchange awards are available during the training period given the intensity of study. Please contact [officeofmarthaeddy@gmail.com](mailto:officeofmarthaeddy@gmail.com) if you are interested in long-term work exchange or if you have any other questions.

## 8. **Government Loans**

At present some matriculated Masters and Doctoral Students are able to use loans acquired as a student in their institution to take the related credit-bearing theory courses –LMA, BMC etc. You MIGHT be able to apply for individual loans if you are a child of a veteran and matriculated Student. Some of our Affiliated Universities have included International University of Professional Studies, State University of New York – Empire State College Masters of Arts in Liberal Studies, Montclair State University, St Mary's College/University, Arizona State University, University of North Carolina - Greensboro.

## 9. **Contact Us**

Feel free to contact us for programmatic details.

For all administrative questions, please contact the assistants of Martha Eddy at [officeofmarthaeddy@gmail.com](mailto:officeofmarthaeddy@gmail.com)

## Dynamic Embodiment SMTT Payment Plans for 2019 – 2020

Reminder – some students need two years to complete the training and will need to pay for the second year as well. Number of years is determined by:

- 1) Number of prior hours of somatic study with an RSMT/E
- 2) How much support you need in completing DE Homework
- 3) How much time you need for embodiment and integration

Date of Enrollment	Deposit Due Date	Full Payment (minus \$400 deposit)	Quarterly Payments (minus \$400 deposit)	Monthly Payments (minus \$400 deposit)
On or before August 10, 2019	<b>\$400 deposit</b> by Aug 10, 2019	<b>\$3600</b> (\$600 discount)	<b>\$3600 - 400</b> <b>\$3200 – 300</b> <b>\$2900</b> (\$300 early payment discount) = quarterly payments of <b>\$725</b>	<b>\$3600 = 10</b> monthly payments of <b>\$330</b> <b>This includes all studies except private sessions or outside workshops</b>
After Aug 10, 2019	<b>\$400 deposit</b> by Aug 10, 2019	<b>\$3800</b>	<b>\$3800 =</b> quarterly payments of <b>\$850</b>	<b>\$6800 =</b> monthly payments of <b>\$227</b> <b>This includes all studies except private sessions or outside workshops</b>

**DE-SMTT was founded in 1990 by Dr. Martha Eddy –  
Originally as The Somatic Movement Therapy Training  
Martha Eddy is a Dynamic Embodiment Practitioner, MFLCI, CTBMD, CMA, RSMT, Ed.D.,  
And Licensed Teacher of Body-Mind Centering®**

Upon graduation you are a DEP and eligible to Register as an RSMT or RSME with ISMETA

We are currently researching which Coaching Certification to affiliate with.

As a DEP you are also eligible to fast track as either or both of:

Certified Teacher of BodyMind Dancing

Moving For Life Certified Instructor

Contact: [officeofmarthaeddy@gmail.com](mailto:officeofmarthaeddy@gmail.com)