



BodyMind Dancing™ Certified Instructor Training Program 2017 Schedule and Fees

BodyMind Dancing™ Teacher Certification authorizes you to combine phrases and teaching strategies from BodyMind Dancing™ with your own creativity and dance ability. The training teaches you to integrate skilled touch and movement principles from Dynamic Embodiment™ (a unique synthesis of Body-Mind Centering® and Laban Movement Analysis/Bartenieff Fundamentals) as well as compassionate community building. You will combine the best of these modalities as a BMD teacher, whether you work with professional dancers or with the general public or anyone in between! One of the first somatic dance systems, BodyMind Dancing™ has been part of conferences and festivals internationally, taught in universities and in open studios since 1986.

In 4 stages: Pre-Requisites, Take Classes, Attend Pedagogy Intensives, Practical Teaching and Written Assessment

- I. **Pre-requisites** 46 hours of courses in the underlying methods, theories and practices of Developmental Movement, Laban Movement Analysis, Bartenieff Fundamentals and Body Systems/Embodied Physiology, as they relate to health and wellness. These classes are designed to help you assess your students' movement needs from a Dynamic Embodiment perspective*

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| Join us or Find a Teacher of Dynamic Embodiment or Body-Mind Centering® or Laban Movement Analyst in your local area Search: WWW.ISMETA.ORG | <p>*If you have prior training in these subjects please send documentation of studies.</p> <p>**These courses are also available in March-June through the Laban Institute of Movement Studies. www.LIMSONline.org Register and pay directly with LIMS.</p> <p>***For trainees who need basic anatomy, a 16-hour more anatomical version of this course will be available at the end of March through Somatic Anatomy www.somaticanatomy.com Register and pay directly with Somatic Anatomy.</p> |
| Developmental Movement July 8 & 9 (Sat-Sun) 10-5pm Montclair State University Montclair, NJ 07043 (20min bus ride from NYC's Port Authority) \$300 Register | |
| **Laban Movement Analysis through Dynamic Embodiment: Join Martha Eddy at UNCG June 17 -22 | |
| **Bartenieff Fundamentals through Dynamic Embodiment | |
| ***Body Systems/Embodied Physiology Join Martha Eddy at UNCG June 17 - 22 | |

Additional Options around the USA:

Arizona State University March 25: one day overview of Somatic Dance, includes BMD and Moving For Life
 UNC-Greensboro June 16-22 LMA & Embodied Physiology \$400: <https://vpa.uncg.edu/dynamic-observation/>

Additional NYC Area Workshops: Check the World Wide Calendar on www.dynamicembodiment.org.

International Pre-Requisites OFFERED (for both BMD & MFL)

Italy: Lorella Rhapsardo in Firenze and other RSME-Ts who are CMAs, Licensed Teachers of BMC and/or Dynamic Embodiment Practitioners around the world (email associazione.thymos@gmail.com for more info)

Japan: Ryoko Sugimoto and Yuki Hashimoto (contact: CMA & MFLCI Ryoko: idiotryoko2@yahoo.co.jp and Yuko at yhash1@u.brockport.edu)

- II. **Classes:** BodyMind Dancing™ (20 - 30 hours)
 - you may drop-in anytime to classes, in person and some classes by skype. Other BMD classes are offered by teachers around the world.
- June 16 2017 at UNCG: 4 hours of BMD Pedagogy workshop intensive for BMD will also be offered – June 19-21 BMD classes – Get your practice in during these open to the public sessions followed by a lab just for certification students on Mon, Tues and Wed evening. Time to be announced: most likely 5 or 5:30-7pm. (Check back in about exact time)**
- IV. **Pedagogy:** BodyMind Dancing™ Pedagogy Workshops
- V. ASU: March 25, 2017 **Somatic Dancing Pedagogy Workshop: Moving for Life Certified Instructor (MFLCI) and Certified Teacher of BodyMind Dancing™ (CTBMD (6 hours)**
 UNCG: June 16 afternoon plus 3 evening BMD classes above (8 hours)
 Montclair State University: July 10-13, 2017 (30 hours)
 Ask about Aug in Massachusetts (groups just forming)
- IV. **Assessment:** Written exam/lesson plans and practical demonstration exam

Certification Fees

Certification Course Work Fees: \$1,800 - Includes Pedagogy, Supervision and Assessment.

Download an Application at: <http://desmtt.movingoncenter.org/cert.html>

If interested in Moving For Life Certified Instructor training for teaching dance to people with chronic and life-threatening illnesses visit: www.MovingForLife.org

Deposit Amount and Due Date: \$400 by April 22 2017

Second payment Due Date: June 15, 2017// Full payment or Payment Plan is available

Discounts available for all CMA, DEPs, BMC practitioners, MFLCIs and Dance for Parkinson’s Certified teachers.

College credit may be available for students matriculated in dance studies at St. Mary’s College MFA, University of North Carolina’s MADE, Montclair State University MFA or in self-designed programming in your chosen discipline with SUNY- Empire State College MALS & IUPS in somatic psychology.

| Of Interest |
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| North Carolina NCDEO & ADTA-NC chapter special workshop with Martha Eddy during June 16, 17 &/or 18 Come to BodyMind Dancing classes on Mon, Tues and/or Wed evenings June 19, 20, 21. (\$20 each or \$50/3) |
| March 20-25, 2017 Arizona March 20-24, 2017 Arizona State University Residency Martha will be in offering introductory and advanced somatic workshops as well as be available for book signing. |
| Saturday March 25, 2017 Somatic Dancing Introductory Pedagogy Workshops: Day one of Moving for Life Certified Instructor (MFLCI) and Certified Teacher of <u>BodyMind Dancing™</u> (CTBMD) Training (6 hours) |