

## Dynamic Embodiment – Somatic Movement Education & Therapy Program

founded by Dr. Martha Eddy - Dynamic Embodiment Practitioner, MFLCI, CTBMD, CMA, RSMT, Ed.D., Licensed Teacher of Body-Mind Centering®



### APPLICATION PROCESS

## Dynamic Embodiment – Somatic Movement Education & Therapy Certification (DE-SMTT) 2020 – 2021 Program

### 1. Application Details

Submit an application via Google Forms with contact information, a few paragraphs addressing your desire to become a Dynamic Embodiment Practitioner and/or ISMETA Registered Somatic Movement Educator &/or Therapist, application, and details on previous somatic experience to join the DE-SMTT program. Apply [here](#).

It is strongly recommended that all applicants review the DE-SMTT Mini Catalog 2020 descriptive materials before you complete your application to make sure you are eligible.

In order to qualify for acceptance, you need 300 hours of previous study with an RSMT/E and in-depth knowledge of either Body-Mind Centering, Laban Movement Analysis, or Bartenieff work or in a combination of them, or in another Somatic Movement system (Alexander, Continuum, Feldenkrais, Global Somatics or any other ISMETA program).

Read DE-SMTT Mini Catalog 2020 at: <http://desmtt.movingoncenter.org/cert.html>.

**Section 1:** Contact Information + Emergency Contact Information

**Section 2:** Letter of Intent (Why are you interested in participating in the DE-SMTT program? What are your goals?)

**Section 3:** Pre-Requisite Training Information and other Certifications. Provide details of previous training in Bartenieff Fundamentals, Body-Mind Centering: Body Systems/Embodied Physiology, Body-Mind Centering: Developmental Movement, Laban Movement Analysis /Movement Observation, Developmental Movement; Learning to Move; Basic Neurodevelopmental Patterns, and other somatic movement training.

#### **Section 4: Teaching Experience**

**Section 5: Identifying Your Network and Resources** (What facilities and resources do you have access to/will you need, accessibility needs)

You are also welcome to attend a BodyMind Dancing class with Dr. Eddy or set up a phone call or Zoom meeting to discuss the program and your eligibility. Check the calendar at <http://desmtt.movingoncenter.org/classes.html> for class details or email [officeofmarthaeddy@gmail.com](mailto:officeofmarthaeddy@gmail.com) to set up a meeting.

## **2. Timing of the Application**

### **Early Bird Deadline: August 1, 2020 (\$3400)**

Application to the DE-SMTT is best done by mid August, 2020 in order to complete all required enrollment materials before beginning your studies with the rest of the 2020-2021/22 cohort on October 10th. **Tuition increase for applications August 1-September 1 2020 (\$3600).**

Applications may be submitted immediately. Apply [here!](#) There is rolling acceptance until September 1. If accepted, you will receive a letter of acceptance with a tuition contract and are required to return a few forms in order to enroll. A maximum of 22 students will be accepted this year.

## **3. Enrollment and Tuition**

Martha Eddy holds the right to accept only those students with whom she has had direct phone, Zoom, or in-person contact with and who have satisfactorily confirmed the appropriateness of the training at this time. You will receive notification of your status shortly after the receipt of your application along with a Pre-Requisite Coursework Document and a Payment and Enrollment Plan attached to your acceptance letter.

The next steps are:

1. Completion of the Pre-Requisite Coursework Document (similar to the information in your application but with more detail).
2. Returned and signed Enrollment and Payment Plan.
3. Payment of \$400 deposit.

You may pay the deposit and all tuition payments by PayPal to [drmarthaeddy@gmail.com](mailto:drmarthaeddy@gmail.com) or using the links on the Certifications Page at [www.DynamicEmbodiment.org](http://www.DynamicEmbodiment.org).

Annual Tuition for DE-SMTT is \$3600. Most students take two years to complete the program (\$7200). Please discuss with Martha if you have any questions about graduation deadlines.

For Discounts/Early Booking see the quick chart and payment information below.

Feel free to inquire about work-exchange options (WEX). There are a few available but they go quickly (see below).

#### 4. DE-SMTT Education

For a detailed overview of the DE Program, please see the DE Mini Catalog 2020 at <http://desmtt.movingoncenter.org/cert.html>. On acceptance, you will receive the DE Independent Study Guide which describes classes, course work, explanation of each of the assignments, learning tips and resources, and preparation for how to go about completing the independent study requirements.

#### 5. Housing

In previous years the DE-SMTT program has been based in NYC but has always accommodated international students and those who are unable to travel. Due to the Covid-19 Pandemic, we are moving everything online until further notice and conditions become safe once again. Housing costs are not included in the tuition and we are discontinuing our help finding accommodations due to the Covid-19 Pandemic for this application cycle.

#### 6. Work Exchange

There is currently a fair amount of tuition reduction for work exchange. Administrative help can go a long way towards tuition! Some work exchange is usually available before and after the training periods. Only small work exchange awards are available during the training period given the intensity of study. Please contact [officeofmarthaeddy@gmail.com](mailto:officeofmarthaeddy@gmail.com) if you are interested in long-term work exchange or if you have any other questions.

#### 7. Government Loans

You MIGHT be able to apply for Government loans if you are a matriculated Graduate Student in one of our Affiliated Universities –International University of Professional Studies, State University of New York – Empire State College Masters of Arts in Liberal Studies, Montclair State University, St Mary’s University, Arizona State University, University of North Carolina - Greensboro.

#### 8. Contact Us

All programmatic details and information about DE-SMTT can be found at <http://desmtt.movingoncenter.org/cert.html>. Visit <http://drmarthaeddy.com/> to learn more about Martha’s work.

For any administrative or application questions, please contact the assistants of Martha Eddy at [officeofmarthaeddy@gmail.com](mailto:officeofmarthaeddy@gmail.com) and cc [drmarthaeddy@gmail.com](mailto:drmarthaeddy@gmail.com).

## Dynamic Embodiment SMTT Payment Plans for 2020 – 2021

Date of Enrollment	Deposit Due Date	Full Payment (annual) (includes deposit)	Quarterly Payments (not including deposit)	Monthly Payments (not including deposit)
On or before 8/1 2020	\$400 by 8/15 2020	\$3400 (\$200 discount)	\$3000/4 = \$750	\$3000/12 = \$250
8/1 - 9/1 2020	\$400 by 9/15 2020	\$3600	\$3200/4 = \$800	\$3200/12 = \$266

**Apply here:** <https://forms.gle/cEuHi2YaXhwCi11H6>

*The DE team will help you work to find a payment plan that works for you; biannual payments are also a common option. We understand many people’s financial situation is unstable during the Covid-19 pandemic and will work with you to establish a longer course of payment if needed.*

*Some **discounts** are available for those with previous certification/enrollment in CTBMD, MOC, BMC, LMA/BF, or UNCG-MADE/MSU/MMC and St Mary’s MFA, Somatic Academie student/grad, or Dance for Parkinson’s Certification. Work Exchange is also an option for covering some tuition. Please make sure to note all previous certifications in your application.*

**DE-SMTT was founded in 1990 by Dr. Martha Eddy -  
Dynamic Embodiment Practitioner, MFLCI, CTBMD, CMA, RSMT, Ed.D.,  
Licensed Teacher of Body-Mind Centering®  
Contact: [officeofmarthaeddy@gmail.co](mailto:officeofmarthaeddy@gmail.co)**